

Labor and Workplace Conditions of Domestic Live-in Caregivers in Southern California

2015 OHIP Project: Los Angeles

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Purpose:

- To investigate the impact of Filipin@ domestic live-in caregivers' work conditions on their sleep and overall well-being

Objective:

- Continuation of 2014 OHIP project
- Recruit ~30 participants for research study
- Conduct quantitative and qualitative analyses of the data

Impact:

- To inform policy in 2017

The Domestic Worker Bill of Rights (AB241)

- Right to 1.5 times pay for overtime
- Right to minimum wage
- Do **not** have rights to meal or rest breaks
- Does **not** require employers to keep time records



Host Organization and Recruitment

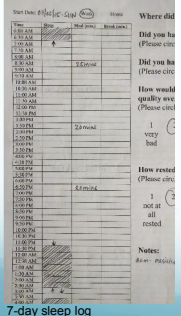


Photo by 2014 Interns

Eligibility

- Ages 18-99 years old
- Currently working as a domestic live-in caregiver for at least 3 days per week in Southern California
- Filipin@ immigrant women and men

Methods

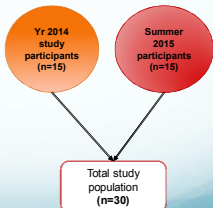


Two part study design

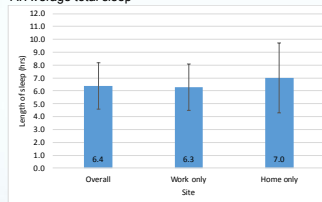


In-depth interview

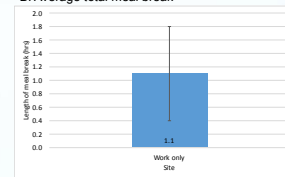
Population



A. Average total sleep

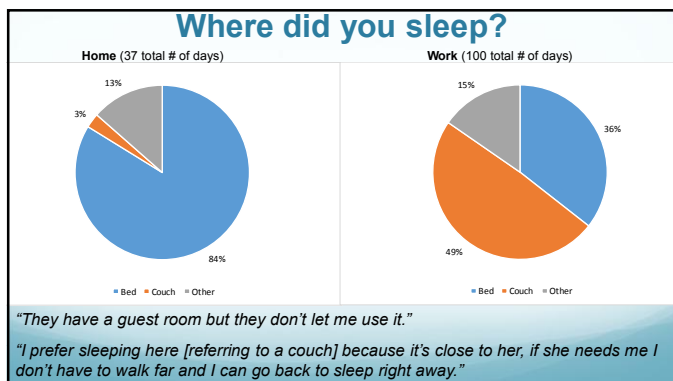


B. Average total meal break



"When I am at work I am always focus 24/7. Sometimes I wake up dizzy, but I still push."

"You don't have personal time. You are always with the patient."



Factors Affecting Workplace Conditions

1. Patient-Caregiver Relationship
2. Guardian of Patient-Caregiver Relationship

Experiences from caregivers:

"Patient's wife demands too much and is not considerate."

"I've had some patients yell and scream at me, but they had Alzheimer so I just had to take it."

"If I didn't hear the patient ring the bell, and they ring it 2-3 more times, they would get mad at me..."

"I would stay with a patient if they treat me well, no matter how low the salary."

Personal Reflections

Citadel

- Eye-opening experience
- Connection with participants

Rita

- Eye-opening experience
- Good reminder of the importance of both quantitative and qualitative research: advocacy work.

Acknowledgements

ASSOCIATION OF OCCUPATIONAL AND ENVIRONMENTAL CLINICS

National Institute for Occupational Safety and Health